

Your Health and Vitälzým Testimonials

GENERAL HEALTH

I was informed of your product over a year ago by my new dentist, who practices holistic dental care. He is the most recognized and admired in this area. When I told him I had received a 10-day prescription for Penicillin for a swollen and painful jaw infection, he looked at me strangely and declared that he did not use antibiotics in his practice.

Instead, he gave me a dozen Vitalzym and said take 3 between meals. He then declared that if the infection did not go away, to order some more from your company. I took three at his office and in two hours all of the swelling and pain had completely disappeared! By morning the infection was completely gone and I tore up my prescription for the penicillin. It turned out that I was in need of a root canal but waited a full six months before the tooth acted up again after running out of Vitalzym. I was taking only 3 per day to have kept the infection at bay.

I liked the product so much, I now include it in the essential health tools provided by my company.

Jim Karnstedt, owner / Ion and Light Company, San Francisco CA

After taking Vitälzým I had more energy. In addition it helped me obtain more muscle mass in my daily weight training.

-- Ron H, Brandon, MS

Dr. Wong, your tape inspired me to start on the Vitälzým. In one month I have felt a huge difference. It does what you said it would. I checked out your advice on strength training and will be starting that next week.

Thank you for your advice. I have my Mom and Dad taking Vitälzým and feeling better. It has improved my Dad's irritable moody behavior tremendously. My Mom's feeling more energy and her knee is better. Thank you very much.

-- Hector Cuellar, East Chicago, IN



"Recently, I listened to a tape on your product, Vitalzym and have been using it for 3 weeks with remarkable results. As a consultant Pharmacist, I would like you to fax to me ASAP any information about the product. Additionally, I would like to know how I can sell your product to my clients."

-- Dr. Ken Turner, Consultant Pharmacist, Knoxville, TN

I am writing this testimonial as both a tribute, and a heart-felt thank you. I am a young, active woman, with four small children. My husband and I try to include the very best things in our lives: outdoor recreation, spending time with good friends and family, eating nutritious food (no smoking or alcohol) meaningful service to others and plain old clean living. However, despite the goodness in our lives, I have been plagued with low mood (dysthymia) and low energy, with accompanying aches and pains, mostly in my hips, over the past 15 years. Though my complaints seem vague, they have had a great impact on the quality of my life and the lives of my children. I have sought answers from a variety of doctors over this year in hopes of finding some underlying problem, which could then be remedied. I have been given explanations from Epstein-bar and chronic fatigue syndrome to Fibromyalgia and migraine-related problems. The most recent and frustrating diagnosis was clinical depression. I had become so fatigued and depressed in recent years that I wished my life would "hurry and end" because of the constant struggle to enjoy it. I was losing the ability to connect with other human beings, including my dear family and friends, because my brain simply did not have the energy to come up with thoughts and ideas, or to actively listen. I also felt inadequate to perform the basic mothering required of me. My condition initially required me to set aside my creative talents, and then my athletic endeavors. It was all I could do in a day to wake up, get the children where they needed to be, do a load of dishes and help them with homework in the evening before falling into bed for a sleep which was never long enough. Though I love raising a family, I was saddened by the diminishing quality and number of activities in my life. Indeed I was depressed, but I was convinced there was an underlying physiological problem that was zapping my energy, and therefore causing me to be depressed, not the other way around. After an arsenal of diagnostic tests and comprehensive blood work, which my internist allowed me to order to "prove" her diagnosis of depression was correct, I tried half a dozen antidepressants, one at a time, each with side effects as bad as the "disease" itself. When I became pregnant with our fourth child, I decided to wean myself off of all medications--and never went back. Interestingly, I felt great midway through the pregnancy, but soon after delivery, the "depression" returned. My husband and I worked hard to carve out time for me to sleep--he was convinced if I just went to bed at 9pm each night, my emotional and physical strength would be restored. Sleep always helped, but I felt it was not the complete answer. I dropped the number and intensity of my workouts dramatically, and added yoga each weekend. Recovery following energy expenditure was better, though it still took me a couple of days to recover from each endeavor. How could my body have become so sensitive? I did not remember feeling this way in my youth. I knew I was doing all the "right" things, including exercise, eating whole foods, staying hydrated, getting adequate rest, and taking quality vitamin/mineral supplements, yet still I did not enjoy the vitality and well-being of those who did the same. I thought, "Why put forth all this effort to still feel like I have to be scraped off the floor to venture outside the walls of my own home?" I was desperate and ready to try a new antidepressant drug when I was introduced to Vitalzym. A friend and neighbor gave me a copy of Dr. Wong's tape on enzymes, and since I spend a lot of time carpooling kids around, it gave me the perfect opportunity to listen. As a physiology major in college, it seemed to make sense. Yet, my husband, a critical care physician, believes quite strictly in modern medicine, tested and proven within the rigorous standards of the FDA. Despite his doubts, and since the enzymes were all natural, (we were both against taking the manufactured antidepressants with their relatively unknown long-term side effects), I decided to give it a try. I ordered 2 small bottles--one for me and



one for the friend who gave me the tape. I have been taking your product for about three weeks now, and if I continue feeling this much better, I can honestly say I will never try another antidepressant drug again! I wake up feeling refreshed (instead of wanting to go back to bed by 10am); I have energy to plan each day and look forward to what it may bring; I have new ideas coming to mind and my ability to express them has improved; the "brain cloud" as I have called it (or "the fog" as my husband terms it) is lifting. I do not believe in cure-alls, but there is something in Vitalzym that my mind and body were so thirsty for! I enjoyed Christmas this year without exhaustion or feeling overwhelmed; I can DEFINITELY live the rest of my life feeling this way! My friend, on the other hand, never had a chance to try her share of the Vitalzym. She died this Christmas of natural causes at the age of 75. I mourn her passing...yet I am so grateful for the new life she has given to me. I feel as if my life force is returning--thanks to her thoughtful gift of information. Now I pass this information on as a gift to you. Vitalzym has been a significant part of the miracle I've been praying for.

--Mrs. Paige Kimball, Salt Lake City, UT

I can't thank you enough for giving me something I never had, "quality of Life". Ever since I was a young child I had problems with digestion and energy level. I had to give up many great jobs because I didn't have the energy. I was in Medical Sales for over 20 years but couldn't continue because my adrenals just didn't have the energy to work a full day. I went to all kinds of doctors including chiropractors and holistic doctors. I got some relief from some of things they gave me. But something was making my adrenals wear out. Finally a health food store in Coral Springs, Florida turned me on to your product. I showed their nutritionist my blood work and everything was normal except my Creative Reactive Protein. My doctor recognized that it was abnormal but didn't know what to do about it. She never gave me permission to take the test in the first place I went to a private lab. Strokes and heartaches run in my family so I was concerned. Also I have had poor circulation all my life. After taking your product for only a few days, I now have more energy than I ever had, my nervous system is much more relaxed. Also I haven't had any digestive problems. I also lost 12 pounds because I am not hungry all the time & I can eat more protein and less carbs. I had tried other digestive products throughout the years but nothing helped. My body also doesn't ache as much as it had it the past. Now that I have energy I would love to present your product to others. I am professional speaker and would love to share it with my audiences.

--Sherry Wolfson, Coconut Creek, FL

I have been taking different kinds of vitamins and tinctures for about 24 years now. I am 39 years old now. Nothing that I have ever taken supplement-wise has affected my body's health like Vitalzym has. I am totally amazed. My energy level has increased immensely. I have had a bad problem with acne - and it has gone away. The scars on my body that I have had for many years have been miraculously melting away. My vision has become more clear. The internal pain in my duodenum that I have had for many years has almost totally gone away. My immune system has also had an amazing boost. Over the last two winters before this one, I had gotten really ill with bad respiratory problems - but this year, after taking Vitalzym, I had a cold and a tinge of lung problems, but then they cleared up within two weeks after getting ill - which is quite amazing for me! I



actually feel much stronger respiratory function now. I have been taking Vitalzym for the past two months, and plan on taking them on a continual basis! I expect to continue my amazing results. You have given my body what it needs to heal itself! Now I recommend Vitalzym to total strangers who I feel could get wonderful results as well. Most of my friends are taking them as well - I hear from them that they are also getting miraculous results as well.

Thank you World Nutrition!!!

--S. Blaustein, Yelm, WA

I had dropped a frozen chicken on my little toe, which really hurt at the time. It appeared to get better and heal over time. When I started taking Vitälzȳm, years later, my toe swelled, turned black and blue and began to hurt terribly. I increased my intake of Vitälzȳm from 15 to 24 per day. One week later my toe was completely healed. I know the Vitälzȳm healed the splintered fragments in my toe and made it well again. No matter how old the injury is Vitälzȳm will correct it. Just imagine what it can do for your whole body. There may be other problems in your body that you are not aware of that it will heal.

-- Olga Y, Phoenix, AZ

I had 2 cuts on the tip of my thumb. I had used different types of creams and ointments, but nothing worked. I started taking Vitälzȳm and in 3 weeks to a month, the cuts healed with no scarring.

-- Ann G, Brooklyn, AZ

